

Academic Degree:

Bachelor's Degree in Nutrition

Professional Title:

Licensed Nutritionist



Empower your passion for self-discovery in a responsible, creative, and empathetic way.

We incorporate the SDGs into your education!

The SDGs are the Sustainable Development Goals defined by world leaders in 2015 to ensure a better future for the next generations. UCV has incorporated these 17 goals into its educational proposal and research lines so that you become a professional who contributes to a more sustainable world.

Strong Humanistic Training

To transform you into a better person, with human skills and solid values, so that you can contribute to the development of society and adapt to the changes of the modern world.



English in Every Cycle

You will speak the language the world speaks, thanks to the incorporation of English in every cycle within the curriculum of all professional careers.

12

Licensed
Campuses
to Succeed.

Ate San Juan de Lurigancho
Callao Los Olivos
Chepén Moyobamba
Chiclayo Piura
Chimbote Tarapoto
Huaraz Trujillo

We certify your knowledge

Back up your knowledge and access your first internships with three intermediate certifications of high labor demand and great utility for entrepreneurship.



Nutritional Promoter



Nutritional Coach



Innovative Entrepreneurship with a Human Face

Know Where You Will Work

1.

Problem solver for individual or collective nutritional issues.

2.

Organizer and executor of nutrition programs at national and international levels.

Skills and Competencies of a Nutritionist

- Evaluates the nutritional risk factors of individuals, families, and communities through nutritherapeutic treatment to improve healthier lifestyles according to their biopsychosocial characteristics, ensuring population health.
- Manages nutrition and food services to guarantee safety in the sanitary process, incorporating innovative processes based on national and international quality health standards, with responsibility and ethics.
- Formulates meal plans to improve people's health and optimize athletes' maximum performance based on physical exercise with a scientific, innovative, critical, and responsible approach.

Code: PP-IN-01.01
Version: V02
Date: 12/20/2023

Contact Us:



If you are ready to move forward, pre-register here.



Universidad
César Vallejo

We are the largest university in Peru.

NUTRITION

Enhance people's eating habits to improve the future you desire.

GOOD



Teaching



Employability



Academic Development



Environmental Impact



Scan this code and leave us your details.



IGS
IMMEDIATE
GRADUATION
SYSTEM

Obtain your degree upon graduation



Curriculum of Nutrition

Mandatory Curricular Experiences

English
Prerequisites

Computing
Prerequisites

Line Course
Prerequisites

* All previous mandatory curricular experiences are a prerequisite.

III Cycle

- Creativity and Innovation
- Philosophy and Ethics
- Epidemiology
- Statistics and Data Analysis
- English III

Complementary Competency
• Computing III

IV Cycle

- Scientific Research Methodology
- Cellular and Molecular Biology
- Human Growth and Development
- Organic and Inorganic Chemistry
- English IV

V Cycle

- Food Microbiology and Parasitology
- Human Nutrition
- Nutritional Biochemistry
- Food and Nutrition Education
- English V

VI Cycle

- Morphophysiology
- Bromatology
- Nutritional Assessment
- Elective Curricular Experience
- English VI



Intermediate Certification
• Nutritional Promoter

VII Cycle

- Food Quality Management and Administration in Food Services
- Selection, Diet Design, and Food Exchange
- Pharmacology and Food Interactions
- Nutrition and Sports
- English VII

VIII Cycle

- Nutrition and Diet Therapy
- Nutrigenetics and Nutrigenomics
- Project Management
- Elective Curricular Experience
- English VIII



Intermediate Certification
• Nutritional Coaching
• Innovative Entrepreneurship with a Human Face

IX Cycle*

- Research Project
- Internship I
- English IX

X Cycle*

- Development of the Research Project
- Internship II
- English X

I Cycle

- Logical Thinking
- Communication Skills
- Sustainable Development Goals
- Introduction to Public Health
- English I

Complementary Competency
• Computing I

II Cycle

- Climate Change and Risk Management
- Constitution and Human Rights
- Vallejo Chair
- Disability and Health Education
- English II

Complementary Competency
• Computing II

Elective Curricular Experiences

VI Cycle

- Management Skills
- Health Promotion and Prevention
- Bioethics and Deontology

VIII Cycle

- Health Audit
- Management of Health Services Companies
- Marketing of Health Services Companies



We are the largest university in Peru.



66

International Agreements

It has 66 international agreements with universities from different countries around the world, **one of them with the Universidad de Concepción in Chile.**



Technological Tools

Virtual software: Lecturio and mobile application.



Simulators and Laboratories

Nutritional evaluation laboratory and nutritional consultation office.